



John Fouts <icreateupwardspirals@gmail.com>

2025-05-25- Subject: Formal Complaint to Kentucky Board of Medical Licensure Regarding Dr. Joshua Allen and Norton Community Medical Associates

1 message

John Fouts <icreateupwardspirals@gmail.com>

Sun, May 25, 2025 at 6:40 PM

To: kbml@ky.gov

Subject: Formal Complaint to Kentucky Board of Medical Licensure Regarding Dr. Joshua Allen and Norton Community Medical Associates**Date:** May 25, 2025**From:** John R. Fouts, MBA**Address:** 1521 Concord Pike, Ste 301 #281, Wilmington, DE 19803
(Currently displaced in Louisville, KY)**To:**Kentucky Board of Medical Licensure
310 Whittington Parkway, Suite 1B
Louisville, KY 40222
Phone: (502) 429-7150
Email: kbml@ky.gov

Dear Kentucky Board of Medical Licensure,

I am submitting this formal complaint against **Dr. Joshua Allen** of **Norton Community Medical Associates – Mount Washington** for gross negligence, abandonment of care, and discriminatory medical practices, which I believe violate Kentucky medical standards, federal protections under the ADA and Section 504, and basic ethical obligations.

After repeated medical correspondence through MyChart, and after my provision of extensive clinical documentation supporting a time-sensitive emergency need for increased stimulant medication dosing and continuity of life-sustaining care, Dr. Allen refused to respond or provide acknowledgment. My medical condition involves severe autonomic dysfunction, vascular instability, and cognitive decline, with stimulant medication being the only known intervention to partially stabilize these issues. I provided this evidence multiple times in good faith.

On **May 21, 2025**, I submitted a formal grievance documenting Dr. Allen's non-responsiveness, ADA violations, and the urgent medical risks stemming from this neglect. Within 24 hours of this protected communication, I received a letter from **Amy Goins**, Director of Physician Operations at Norton Healthcare, informing me that my care was being terminated effective 30 days from the letter's date.

This timing clearly constitutes retaliatory discharge, which was done **without any follow-up, care coordination, or clinical justification**. It is not only unethical but unlawful to abandon a disabled patient under emergency conditions, especially when they have declared such emergencies in writing.

I am requesting that the Kentucky Board of Medical Licensure:

1. Open a formal investigation into Dr. Allen's clinical conduct and pattern of abandonment.
2. Review the retaliatory termination issued following protected ADA- and OCR-related disclosures.
3. Examine Norton Healthcare's oversight and potential complicity in allowing such neglect to continue despite multiple red flags.

I am also requesting:

- Acknowledgment of this complaint.

- A case or tracking number.
- Notice of any hearings or proceedings.
- A written explanation of the review process and anticipated timeline.

Attached with this letter are:

- A copy of my grievance submitted to Norton and Dr. Allen.
- A copy of Norton's discharge letter dated May 22, 2025.
- Additional documents asserting my federally protected status, including ministry declarations under 508(c)(1)(A).

I am a federally protected individual with disability rights, religious freedoms, and legal protections under multiple statutes, and this complaint concerns both **civil rights violations and dangerous medical misconduct**.

Thank you for your attention to this matter. Please confirm receipt and notify me if any additional forms or materials are required.

Sincerely,

John R. Fouts, MBA

Trustee, Upward Spirals Association USA

Federally Protected Individual under ADA, Section 504, VAWA, and 508(c)(1)(A)

Email: icreateupwardspirals@gmail.com

Phone: 502-956-0052 (Text Only - ADA)

Fax: 502-996-8246

3 attachments



USA_Ministry_Physician_Authorization_Letter.pdf

35K



2025-05-24-Ministry-Declaration-Summary-for-Advocacy-and-Civil-Rights-John-R-Fouts.pdf

35K



2025-05-25-KBML-Formal Complaint to Kentucky Board of Medical Licensure Regarding Dr Joshua Allen and Norton Community Medical Associates.pdf

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